

## NEW YORK TRUDEAU SOCIETY

### A LOOK BACK

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West Point, New York  
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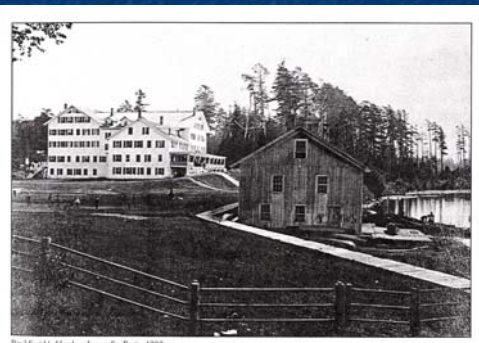
## Edward Livingston Trudeau, MD

- Early years
  - New York City
  - Brother's illness
  - Medical pathways

## Trudeau (cont)

- Contracting tuberculosis
- Early treatment
- The Adirondacks

## Paul Smith Lodge



Paul Smith's Hotel on Lower St. Regis, 1900.

## Trudeau Home, Saranac Lake

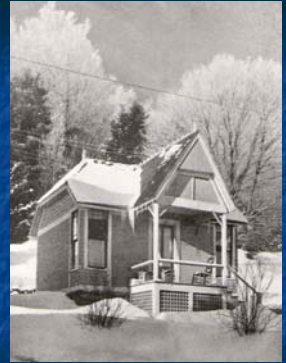


Edward Livingston Trudeau's Home, Saranac Lake, New York, 1890. Photographed by J. P. G. (1911).

## The Sanatorium

- Supportive friends
- “Little Red”
- Rapid growth

## The Little Red Cottage



## The Adirondack Sanatorium



## The “Cure”

- Trudeau’s curiosity
- Duplicating Koch’s work
- Cure
  - Rest
  - Good nutrition
  - Fresh air
- Experimental treatments

## Curing



## Frank Maxon’s Experience

- Diagnosed 1935
- Two years at Trudeau
- Pneumothorax

## Saranac Lake "City of the Sick"

- Multiple sanatoria
- Private homes became mini sans
- The porches
- Health care industry

## Saranac Lake 1887



## Saranac Lake 1920



## A Day in the Life....

### General Routine

7:00.....Don't get up before this hour.

8:00.....Breakfast. After breakfast, beds are to be made and other light tasks done before 9 A. M.

9:00-10:00....Morning rest hour. Rest in chairs or in bed.

10:00-12:00...Rest, exercise, or occupational therapy as prescribed.

12:00-12:30...Rest in chairs or in bed.

12:30.....Lunch.

1:00-3:30....Afternoon rest period. Rest in bed.

3:30-5:00....Rest, exercise, or occupational therapy as prescribed.

5:00-5:30....Rest in chairs or in bed.

5:30.....Dinner.

6:00-6:30....Rest in chairs or in bed.

6:30-9:00....Social or recreation room.

9:00.....All patients to be in their own rooms or porches.

9:30.....All lights out.

## Advice to Patients

- No effective medication
- Personal effort
- Hope

## The Porches



Care porches at Ray Brook, New York, (summer and winter).

## Cure Porches



## New York Trudeau Society

- Volunteer organizations
- Spread to other causes

## State Charities Aid Association

- NYSDOH
- Declaration of war on TB
- Death rate in up state NY

## Nat'l Assoc for the Study and Prevention of Tuberculosis (NASPT)

- Preventive and social aspects
- Public education
- Local citizen's committees
- First President - Trudeau

## American Sanatorium Association (ASA)

- Scientific study of TB
- Care and treatment of patients
- Hospital isolation of active cases
- Obstacles
  - Hospital expense
  - Lack of facilities and funds
  - No legislative authority

## Governmental Cooperation

- Governors and legislatures
- State, local, national, and health associations
- Official agencies and medical professionals

## SCAA and the NYSDOH 1940

- Effort to check TB contacts
- Early admission
- Effort to discover unknown cases

## Gov Thomas Dewey 1946

- All out fight against TB
- Repeal of means test
- State reimbursement to counties
- Free chest X-rays
- Increased appropriations

## Dramatic success!

- 1907 deaths 152.8/100,000
- 1919 deaths 125.7/100,000
- 1946 deaths 30/100,000
- 2002 cases 5.2/100,000

## Organizational Changes

- NASPT 1904 →
  - National Tuberculosis Association (NTA) 1918
- NTA 1918 →
  - Nat'l Tuberculosis and Resp Disease Assoc (NTRDA) 1968
- NTRDA 1968 →
  - American Lung Assoc (ALA) 1973

## Organizational Changes (cont)

- American Sanatorium Assoc (1905) became the American Trudeau Society 1939
- The American Trudeau Society became the American Thoracic Society in 1960

## N.Y.S. Volunteer Organizations

- SCAA with DOH 1907
- Village and city local associations
- SCAA phased out 1960
- ALA of NYS formed circa 1960
- NYS Thoracic Society formed as the NY Trudeau Society in 1950
- Changed to NYS Thoracic Soc 1990